

3 Courses

Disorders Related To Trauma

Anxiety and Related Disorders

Less Stress, Better Health

AMERICAN PSYCHOLOGICAL ASSOCIATION

PsycLearn

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Dr. N. Kyle Smith
Content Manager
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Hamide Tuğçe Demirtaş

has successfully completed the online Specialization

Psychology of Disorders Related to Trauma, Anxiety, & Stress

In this specialization learners are provided with a scientific and comprehensive understanding of three critical areas of psychopathology: anxiety, stress management, and trauma-related disorders. You'll master the diagnostic criteria, prevalence, contributing factors, and treatments for these conditions, including the cultural influences that shape them. Additionally, you'll learn about the physiological and psychological effects of stress and proven techniques to overcome them.

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